

Warren Family Dental

Sari Netsky, D.M.D., M.S., F.A.G.D.

CARE OF MOUTH AFTER EXTRACTION

- 1) **DO NOT RINSE MOUTH TODAY.** Tomorrow rinse mouth gently every 3 to 4 hours (especially after meals) using one-quarter teaspoon of salt to a glass of warm water. Continue rinses for several days.
- 2) **BLEEDING.** Following extractions some bleeding is to be expected. If persistent bleeding occurs, place gauze pads over the bleeding area and bite down firmly for one-half hour. Repeat if necessary.
- 3) **SWELLING.** Ice bag or shopped ice wrapped in a towel should be applied to operated area – one-half hour on the one-half hour off for 4-5 hours.
- 4) **PAIN.** For mild to average pain use any non aspirin-type of medication you like.
- 5) **FOOD.** Light diet is advisable during the first 24 hours.
- 6) **BONY EDGES.** Small sharp bone fragments may work up through the gums during healing. These are not roots; if annoying return to this office for their simple removal.
- 7) If any unusual symptoms occur, call the office at once.
- 8) The proper care following oral surgical procedures will hasten recovery and prevent complications.